



The Story Project at Home

At school we are taking part in The Story Project. This involves reading stories that help us develop wellbeing skills, whilst also improving literacy. Whilst schools are closed for many children, here are some stories and activities you can use to continue the project at home. These three stories are focussed on expressing emotions, patience and imagination which are important skills to help us get through this time.

Lesson 1: Emotions



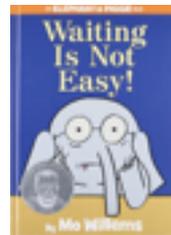
Objective:
I can tell you how I am feeling.

Read:
Feelings by Libby Walden. Or use this link to listen to this story: <https://youtu.be/KDT7yMfDSM4>*

Guided Reading Questions:
What different feelings are there in the book? How many of these feelings have you felt this week?
Do you think the author/illustrator chose the right colours for the feelings?

Activity: Draw a picture of yourself in the middle of the page. Around the outside of the page use colours and images to represent the feelings you have felt this month. You could use words too. If you are able to use scissors you could create your own book like this.

Lesson 2: Patience



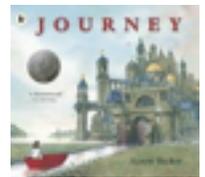
Objective:
I can express how waiting makes me feel.

Read:
Waiting is Not Easy by Mo Willems. Or use this link to listen to this story: <https://youtu.be/ksZjDKJUy60>*

Guided Reading Questions:
What is Gerald waiting for?
How does he feel when he is waiting?
Do you think Gerald is patient?
Does Piggie help Gerald?
How do you feel when you have to wait?

Activity: This book is aimed at younger children, but we can all empathise with Gerald at the moment. Discuss what you are looking forward to when normality returns then draw a waiting activity box for Gerald. Draw a box filled with things that help you to be patient.

Lesson 3: Imagination



Objective:
I can use imagination to improve my wellbeing.

Read:
Journey by Aaron Becker. Or use this link to listen to this story: <https://youtu.be/GF0i19BPFNw> *

Guided Reading Questions:
Why do you think this book has no writing?
What do you think is happening in the story?
How would you describe this book?
What is your favourite page?

Activity: The girl in the book has a magic pen that can draw adventures. If you had that magic pen what would you draw? Where would you go? What adventures would you have? Can you imagine and draw your own adventure? You could write a story to go with it.